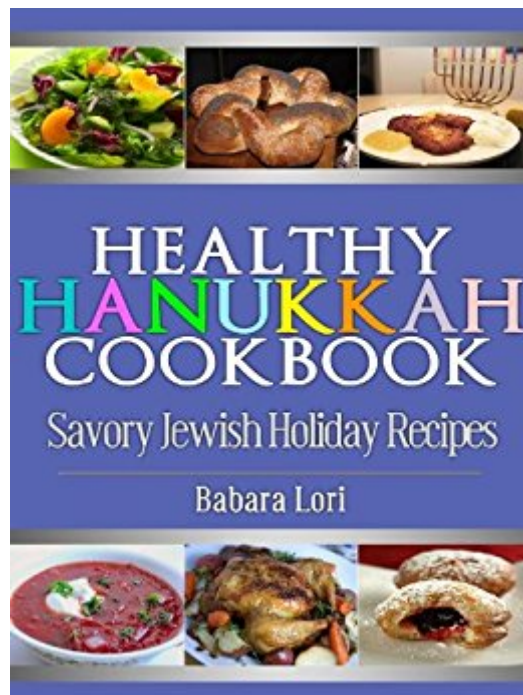




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# Healthy Hanukkah Cookbook: Savory Jewish Holiday Recipes (A Treasury Of Jewish Holiday Dishes Book 3)



## Synopsis

In addition to a complete menu of Hanukkah recipes for creating hearty winter meals, including appetizers, soups, main dishes, side dishes, and desserts. Barbara Lori's Healthy Hanukkah Cookbook features over two dozen recipes for latkes, the succulent fried potato pancakes that symbolize the miracle of the oil that the holiday celebrates. Bubbe's basic potato latkes are listed first, and then come all the variations: from Asparagus & Cheese, to Caribbean Yam, to Norwegian Lox & Dill, to Zucchini & Chili. There are also recipes for low-fat and gluten-free latkes and dessert latke recipes. Lori also offers tips for making perfectly crisp latkes. Here's one: shred the potatoes into cold water to remove excess starch, then drain and dry on a tea towel.

## Book Information

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## Customer Reviews

If you ever feel the need to write a dissertation on the latke, I'd imagine that this recipe book would be referenced the most. I have enjoyed latkes prepared by cooks who have employed the instructions described with care in these gastronomic guidances. I would never had imagined that

these modest ingredients and the simple seasoning that fuses them together would induce such a chemical reaction in my brain that renders a disposition in oneself that can only be described in the parlance of Oscar Wilde, which is to yield to its temptation.

This book has a great selection of recipes. I've really enjoyed using it. I tried the fig with goat cheese recipe and love it. I use olive oil as the oil of choice. The sweet and salty combination is great. I served this as an appetizer and it got rave reviews. I've had two of the latke recipes - Bubbe's and My Son's - and both were delicious. They came out crispy on the outside and moist on the inside. My favorite dip for the latkes is the sugarless homemade applesauce. This is a great recipe book for your next Chanukkah celebration.

All the flavorful holiday dishes you remember plus some interesting variations on the latke theme. The Luscious Potato Latkes with Goat Cheese & Salad were terrific--crispy brown potato cakes with a creamy cheese center. The chives gave it the right amount of zing. Serving the latkes atop the greens made a beautiful side dish at supper, the following week a simple luncheon dish all by itself. Lots here for every taste and cooking ability.

I absolutely loved the recipes in this cookbook. It is hard to find a Hanukkah cookbook that has ingredients that are easy to find in Montana. There is something for everyone in this cookbook, and I highly recommend it.

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